

# Administrative Procedure 161 – Appendix A

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## Appendix A - UNIVERSAL PRECAUTIONS

### Background

Hygienic practices are required to minimize the risk of transmission of infectious diseases following contact with blood or other body fluids.

### Procedures

1. Use dressings and tissues to minimize direct contact with blood, other body fluids and wounds.
2. When cleaning up body fluids, protective gloves are to be used.
3. If any part of the skin comes in contact with body fluids, it is to be immediately washed with a disinfectant or hot soapy water.
4. Appropriate disinfectants (e.g. 1:9 dilution of household bleach in water) will be used in cleaning body fluids from floors, walls and clothing. Alberta Health Services can be contacted if there is doubt as to which disinfectants or cleansers are to be used.
5. The person doing the cleaning is to use disposable materials such as paper towels, if at all possible. If a mop is used it is to be rinsed in disinfectant before being used again.
6. All disposable articles soiled with body fluids (e.g. paper towels) are to be placed in a plastic container.
7. Non-disposable articles such as clothing and linens visibly soiled with blood or other body fluids are to be bagged or rinsed in cold water and then washed. The person who is rinsing the clothes is to wear necessary protective coverings.

Reference: Section 8, 18, 20, 45, 60, 61, 113 School Act  
Emergency Medical Aid Act  
Freedom of Information and Protection of Privacy Act  
Health Information Act  
Occupational Health and Safety Act  
Personal Information Protection Act  
Public Health Act  
Communicable Disease Regulation 238/1985  
Ministerial Directive 4.1.1 – HIV / AIDS in Educational Settings